



Juice Concentrates, Purees & Essences Since 1974

Nutritional Information

APRICOT PUREE CONCENTRATE 32 BRIX

NUTRIENT	UNIT	AMOUNT PER 100 GRAMS	ANALYSIS/ CALCULATION	METHOD/ COMMENTS
PROXIMATES				
Water	g	59.38	Calculation	USDA National Nutrition Database
Energy	kcal	142.73	"	"
Protein	g	4.16	"	"
Total lipid (fat)	g	1.16	"	"
Carbohydrate, by difference	g	33.07	"	"
Fiber, total dietary	g	5.95	"	"
Sugars, total	g	27.48	"	"
Sugars, added	g	0.00	"	"
MINERALS				
Calcium, Ca	mg	38.66	"	"
Iron, Fe	mg	1.16	"	"
Potassium, K	mg	770.14	"	"
Sodium, Na	mg	2.97	"	"
VITAMINS				
Vitamin A, RAE	µg	285.46	"	"
Vitamin A, IU	IU	5727.02	"	"
Vitamin C, total ascorbic acid	mg	29.74	"	"
Vitamin D (D2 + D3)	µg	0.00	"	"
Vitamin D	IU	0.00	"	"
LIPIDS				
Fatty acids, total saturated	g	0.08	"	"
Fatty acids, total monounsaturated	g	0.51	"	"
Fatty acids, total polyunsaturated	g	0.23	"	"
Fatty acids, total trans	g	0.00	"	"
Cholesterol	mg	0.00	"	"



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OTHER				
Caffeine	mg	0.00	"	"
Ash	g	2.23	"	"

For informational purposes only

Greenwood Associates Inc. cannot guarantee the specific accuracy of the data herein.

