



Juice Concentrates, Purees & Essences Since 1974

Montmorency Cherry 68 Brix Nutritional Information

NUTRIENT	UNIT	AMOUNT PER 100 GRAMS	ANALYSIS/ CALCULATION	METHOD/ COMMENTS
PROXIMATES				
Water	g	38.48	Analysis	Data from Manufacturer
Energy	kcal	246.00	"	"
Protein	g	3.12	"	"
Total lipid (fat)	g	0.10	"	"
Carbohydrate, by difference	g	58.30	"	"
Fiber, total dietary	g	0.32	"	"
Sugars, total	g	54.40	"	"
Sugars, added	g	0.00	"	"
MINERALS				
Calcium, Ca	mg	64.00	"	"
Iron, Fe	mg	1.98	"	"
Potassium, K	mg	745.00	"	"
Sodium, Na	mg	115.00	"	"
VITAMINS				
Vitamin A	IU	0.00	"	"
Vitamin C, total ascorbic acid	mg	0.50	"	"
Vitamin D (D2 + D3)	µg	0.00	"	"
Vitamin D	IU	0.00	"	"
LIPIDS				
Fatty acids, total saturated	g	0.00	"	"
Cholesterol	mg	0.00	"	"
OTHER				
Caffeine	mg	0.00	"	"
Ash	g	0.00	"	"

*For informational purposes only
Greenwood Associates Inc. cannot guarantee the specific accuracy of the data
herein.*