



Juice Concentrates, Purees & Essences Since 1974

Nutritional Information

ORGANIC BLACKBERRY JUICE CONCENTRATE 65 BRIX

NUTRIENT	UNIT	AMOUNT PER 100 GRAMS	ANALYSIS/CALCULATION	METHOD/COMMENTS
PROXIMATES				
Water	g	40.64	Analysis	Data from Manufacturer
Energy	kcal	227.86	"	"
Protein	g	2.52	"	"
Total lipid (fat)	g	0.04	"	"
Carbohydrate, by difference	g	54.42	"	"
Fiber, total dietary	g	0.97	"	"
Sugars, total	g	36.87	"	"
Sugars, added	g	0.00	"	"
MINERALS				
Calcium, Ca	mg	95.51	"	"
Iron, Fe	mg	1.02	"	"
Potassium, K	mg	1014.62	"	"
Sodium, Na	mg	29.26	"	"
VITAMINS				
Vitamin C, total ascorbic acid	mg	0.49	"	"
Vitamin A, RAE	µg	0.00	"	"
Vitamin A, IU	IU	0.00	"	"
Vitamin D (D2 + D3)	µg	0.00	"	"
Vitamin D	IU	0.00	"	"
LIPIDS				
Fatty acids, total saturated	g	0.00	"	"
Fatty acids, total trans	g	0.00	"	"
Cholesterol	mg	0.00	"	"
OTHER				
Caffeine	mg	0.00	"	"
Ash	g	2.38	"	"



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*For informational purposes only
Greenwood Associates Inc. cannot guarantee the specific accuracy of the data
herein.*

