



Juice Concentrates, Purees & Essences Since 1974

Nutritional Information

**ORGANIC GINGER JUICE NFC 1 STRENGTH**

NUTRIENT	UNIT	AMOUNT PER 100 GRAMS	ANALYSIS/ CALCULATION	METHOD/ COMMENTS
<b>PROXIMATES</b>				
Water	g	78.89	Calculation	USDA National Nutrition Database
Energy	kcal	80	"	"
Protein	g	1.82	"	"
Total lipid (fat)	g	0.75	"	"
Carbohydrate, by difference	g	17.77	"	"
Fiber, total dietary	g	2.00	"	"
Sugars, total	g	1.7	"	"
Sugars, added*	g	0.00	"	"
<b>MINERALS</b>				
Calcium, Ca	mg	16.00	"	"
Iron, Fe	mg	0.60	"	"
Phosphorus, P	mg	34.00	"	"
Potassium, K	mg	415.00	"	"
Sodium, Na	mg	13.00	"	"
<b>VITAMINS</b>				
Vitamin C, total ascorbic acid	mg	5.00	"	"
Thiamin	mg	0.025	"	"
Riboflavin	mg	0.034	"	"
Niacin	mg	0.750	"	"
Vitamin A, IU	IU	0.00	"	"
Vitamin D	IU	0.00	"	"
<b>LIPIDS</b>				
Fatty acids, total saturated	g	0.203	"	"
Fatty acids, total polyunsaturated	g	0.154	"	"
Fatty acids, total trans	g	0.00	"	"



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Cholesterol	mg	0.00	"	"
<b>OTHER</b>				
Caffeine	mg	0	"	"

*For informational purposes only*

*Greenwood Associates Inc. cannot guarantee the specific accuracy of the data herein.*

