



Juice Concentrates, Purees & Essences Since 1974

Nutritional Information

PASSIONFRUIT JUICE NFC

| NUTRIENT | UNIT | AMOUNT PER 100 GRAMS | ANALYSIS/ CALCULATION | METHOD/ COMMENTS |
|--------------------------------|------|----------------------|-----------------------|---------------------------------|
| PROXIMATES | | | | |
| Water | g | 84.21 | Calculation | USDA National Nutrient Database |
| Energy (calories) | kcal | 60.00 | " | " |
| Protein | g | 0.67 | " | " |
| Total lipid (fat) | g | 0.18 | " | " |
| Carbohydrate, by difference | g | 14.45 | " | " |
| Sugars, Total | g | 14.25 | " | " |
| Sugars, Added | g | 0.00 | " | " |
| Fiber, total dietary | g | 0.20 | " | " |
| MINERALS | | | | |
| Calcium, Ca | mg | 4.00 | " | " |
| Iron, Fe | mg | 0.36 | " | " |
| Magnesium, Mg | mg | 17.00 | " | " |
| Phosphorus, P | mg | 25.00 | " | " |
| Potassium, K | mg | 278.00 | " | " |
| Sodium, Na | mg | 6.00 | " | " |
| VITAMINS | | | | |
| Vitamin C, total ascorbic acid | mg | 18.20 | " | " |
| Thiamin | mg | 0.00 | " | " |
| Riboflavin | mg | 0.10 | " | " |
| Niacin | mg | 2.24 | " | " |
| Vitamin A, IU | IU | 943.00 | " | " |
| Vitamin A, RAE | µg | 47.00 | " | " |
| Vitamin D | IU | 0.00 | " | " |
| Vitamin D (D2 + D3) | µg | 0.00 | " | " |
| LIPIDS | | | | |
| Fatty acids, total saturated | g | 0.02 | " | " |



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| | | | | |
|------------------------------------|----|------|---|---|
| Fatty acids, total trans | g | 0.00 | " | " |
| Fatty acids, total monounsaturated | g | 0.02 | " | " |
| Fatty acids, total polyunsaturated | g | 0.11 | " | " |
| Cholesterol | mg | 0.00 | " | " |
| OTHER | | | | |
| Caffeine | mg | 0.0 | " | " |
| Ash | g | 0.80 | " | " |

*For informational purposes only
Greenwood Associates Inc. cannot guarantee the specific accuracy of the data
herein.*

