



Juice Concentrates, Purees & Essences Since 1974

Nutritional Information

PLUM JUICE CONCENTRATE 68 BRX

NUTRIENT	UNIT	AMOUNT PER 100 GRAMS	ANALYSIS/CALCULATION	METHOD/COMMENTS
PROXIMATES				
Water	g	29.28	Calculation	Data from Manufacturer
Energy	kcal	281.97	"	"
Protein	g	3.87	"	"
Total lipid (fat)	g	1.55	"	"
Carbohydrate, by difference	g	63.26	"	"
Fiber, total dietary	g	7.74	"	"
Sugars, total	g	54.94	"	"
Sugars, added	g	0.00	"	"
MINERALS				
Calcium, Ca	mg	33.23	"	"
Phosphorus, P	mg	88.62	"	"
Potassium, K	mg	869.63	"	"
Sodium, Na	mg	0.00	"	"
Iron	mg	0.94	"	"
VITAMINS				
Vitamin C, total ascorbic acid	mg	52.62	"	"
Vitamin A, IU	IU	1910.96	"	"
Vitamin D (D2 + D3)	µg	0.00	"	"
Thiamin	mg	0.15	"	"
Niacin	mg	2.31	"	"
Pantothenic Acid	mg	0.74	"	"
LIPIDS				
Fat, saturated	g	0.09	"	"
Fat, Monounsaturated	g	0.74	"	"
Fat, Polyunsaturated	g	0.24	"	"
Cholesterol	mg	0.00	"	"
OTHER				



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Caffeine	mg	0.00	"	"
Ash	g	2.04	"	"

*For informational purposes only
Greenwood Associates Inc. cannot guarantee the specific accuracy of the data
herein.*

